



THE ACADEMY

FAMILY MARTIAL ARTS CENTRES

INTEGRITY - COURAGE - RESPECT - HONESTY - FOCUS SELF DISCIPLINE - DETERMINATION

Ickenham Academy Class Times

Little Dragons (LD) Junior 4 -6 yrs

(JB) Junior beginners 6 -14 yrs

(JBBC) Junior Intermediates 7 -14 yrs

(JMC) Junior Advanced 7 -14 yrs

(JBB) Junior Black Belt

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--------|---------|---------------------|----------|---------------------|----------|--------|
| | | | | | | | |
| | | | | | | | |
| | | | 5:00 - 5:45 JB | | 5:00 - 5:45 JB | | |
| | | | 5:45-6:30 JBBC | | 5:45-6:30 JBBC | | |
| | | | 6:30-7:15 JMC | | 6:30-7:15 JMC | | |
| | | | 7:15-8:00 JBB | | 7:15-8:00 JBB | | |
| | | | 8:00-8:45 Adults | | 8:00-8:45 Adults | | |
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Ickenham Class Timetable

0845 600 54 30

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